

Clairs Workbook



Clairs

"Clair" means "Clear" & your "Clairs" are your Spiritual Senses. We use the Clairs to feel, sense, & hear Spirit. The Clairs correlate to our own senses. For example, Clairaudient is "clear hearing."

Clairaudient- clear hearing, inner voice or wisdom and knowledge that speaks to you, sounds or words.

What was Your Experience? _____

Clairofactus- clear smell of something, fragrance or odor that is not already in the area.

What was Your Experience? _____

Clairgustance- clear taste of something in your mouth that wasn't previously there.

What was Your Experience? _____

Clairkinetic- clear movement to know how to move, action, example-put hands on hips, stand on one leg or how they sit.

What was Your Experience? _____

Clairempathic- clear emotion, personality of spirit, empathic is you feel the personality of the person you are working with.

What was Your Experience? _____



Clairs

Clairtacilus- clear feeling of medical conditions

Clairgraphia- clear word spelled out

What was Your Experience? _____

Clairtangency- clear touching, feel an object placed in hand or feel someone brush up against you

What was Your Experience? _____

Clairessention- clear energy that has never walked the earth before

What was Your Experience? _____

We can use our Clairs to sense Spirit & our Loved Ones. With the following exercises, you will be utilizing your Clairs in order to experience various forms of Spirit.

Step Left – Feel Old energy

Step Right – Feel Young energy

Step Forward – Feel Female Energy

Step Backward – Feel Male Energy

What did you experience with the following?

Step Left – Feel Old Energy

Step Right – Feel Young Energy

Step Forward – Feel Female Energy

Step Backward – Feel Male Energy



Clairs

What Clairs are your strongest? _____

What Clairs did your Loved Ones resonate with? _____

Did you use more than 1 Clair when obtaining information?

What did you learn about your Spiritual Gifts? _____





Heather Corbet Medium & Spiritual Advisor



Heather Corbet has been working in the Spiritual Realm for nearly 20 years & has experience across several spiritual forms. Heather is a Professional Medium, Spiritual Advisor, Past Life Specialist & is a Reiki Master Teacher.

As a Professional Medium, Heather is able to utilize her clairsentience, clairvoyance, & clairaudience in order to be a conduit between Spirit & clients to provide messages from loved ones in Spirit to clients who are seeking guidance. She has witnessed healing and transformation for clients through her readings & is filled with gratitude to assist people on their path.

As a Spiritual Advisor, Heather is able to utilize her Spiritual Expertise to guide & assist her advising students with amplifying their Intuition & Connection with the Spiritual Realm. Heather's students have witnessed Heightening of Spiritual Connection including: Increased Self-Love, Amplified Spiritual Connection to receive significant messages, Confidence of Trusting Intuition/ Spirit messages, Safety & Comfort, & Increased certainty of their own Spiritual Gifts.



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Closed Facebook Group: Heighten Your Spiritual Connection

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